

“Raising Winners!”

Parents want to raise children that are winners in life! “Raising Winners!” is a parenting session that focuses on helping parents:

- develop life goals for their children,
- understand the power of modeling for children,
- develop rules and limits that are important for children,
- learn how to reward their children for good behavior.

The Effective Black Parenting Program

This evidence-based parenting course teaches culturally-specific and general parenting strategies in a culturally-affirming manner. Emphasis is placed on the collective responsibility of raising African American children. From the Pyramid of Success Model to the final Graduation Ceremony, a consistent theme of modeling positive behaviors, and strategies to teach children to adopt and utilize those behaviors, is stressed.

Parenting With Love and Limits

This parenting curriculum is focused on assisting parents whose teenaged children are presenting difficult behaviors associated with many of the teen population. Particular emphasis is placed on reasons that teens misbehave, establishing rules that are effective in modifying behavior (contracting), mobilizing outside helpers and restoring nurturing and tenderness to their relationships with their teens.

Each course is taught in a fashion that is facilitative, interactive and focused on creating a sense of cohesion among the classmates.

The sessions are led by Ron Anderson, a Certified Parenting Instructor since 1990. He has conducted hundreds of sessions for parents all over the state. His sessions are thought-provoking and highly energetic.

Sessions can be offered as one time seminars or as a series.

“RAISING WINNERS”/EFFECTIVE PARENTING TOPICS SUMMARY

- The Pyramid of Success
- Social Learning Theory/Modeling and Teaching
- The Effective Praise Method
- Modern and Traditional Discipline
- Family Rules
- Children’s Thinking Stages
- Children’s Thinking Stages and Family Rules
- Changing the Home Environment
- The Thinking Parent’s Approach
- Reasons for Not Using Corporal Punishment
- Mild Social Disapproval
- The Ignoring Method
- Single Parenting
- The Time Out Method
- The “Good Stuff” Questionnaire
- The Point System Method
- Drugs
- Chit-Chat Times
- Staying on the Path/Graduation Preparation
- Graduation



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